

# We Can Do It!



Stacy Cacciatore  
Clemson University  
February 2020

# Feminist Studies

*Feminist studies is the academic field that draws on feminist and interdisciplinary methods to place women's lives and experiences at the center of the study.*



## Feminist Journals

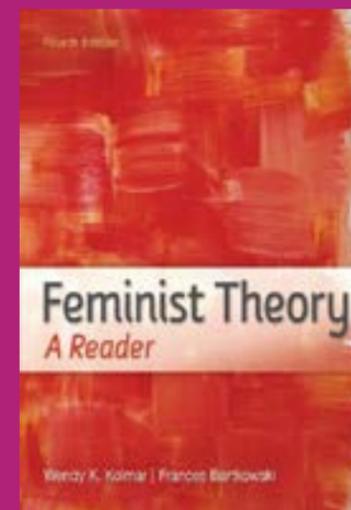
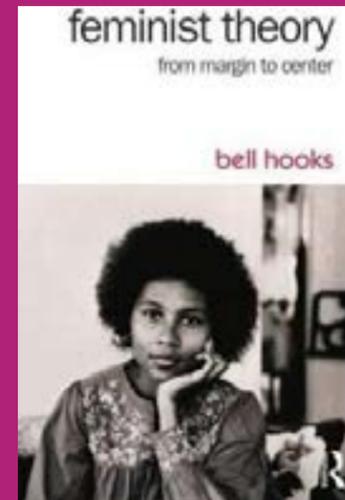
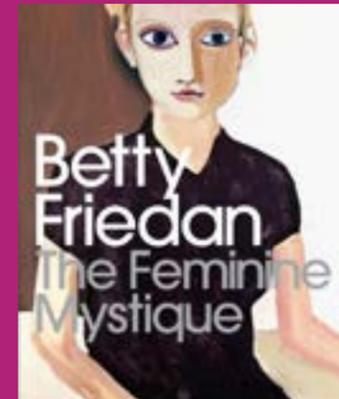
- [Feminism & Psychology](#)
- [Feminist Studies](#)
- [Feminist Theory](#)
- [Gender & Language](#)
- [Frontiers: A Journal of Women's Studies](#)
- [Women & Health](#)
- [Journal of Feminist Scholarship](#)

## Feminist Scholars

- Sara Ahmed
- Mary Daly
- Andrea Dworkin
- Jessica Enoch
- Betty Friedan
- Roxane Gay
- bell hooks
- Adrienne Rich



## Important Works



## Research Divide

There is a debate in the feminist community on the merits of quantitative research methodology. Feminist scholars argue that quantitative research methods promote sexist ideology and ignore issues pertaining to women and feminists, as until recently, social scientific knowledge was based on men's experiences. Some feminists have suggested the increased use of qualitative research in order better to reflect the nature of human experience.

Qualitative research consists of ethnographic methods: participant observation, in-depth interviews, group interviews and content analysis.

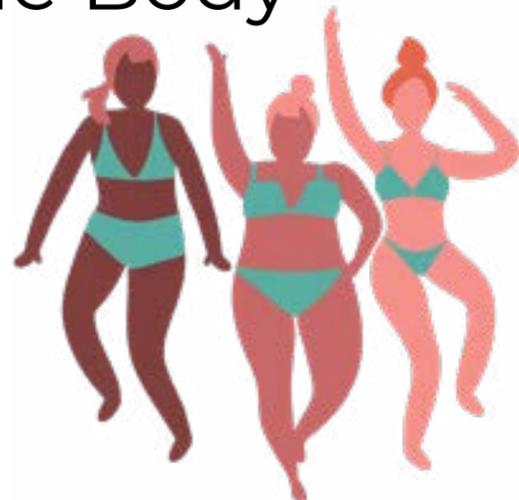
Quantitative research consists of experimental, correlational and survey research methodologies.

## Research Questions

- 1 What are the central research questions?
- 2 What methods do the researchers use?
- 3 What are the findings and discussion?

# Feminist Theories of the Body

*This branch of feminism intersects misogyny and sexism with issues of the female body. Advocating for acceptance for all bodies regardless of their weight and eliminating biases experienced by overweight individuals are key goals.*



## Resources

- [The Body Positive](#)
- [Health at Every Size](#)
- [Fat Activism Timeline](#)
- [Radiance](#)
- [Bitch Media](#)
- [NAAFA](#)
- [Strong Inside Out](#)

## Scholars to Read

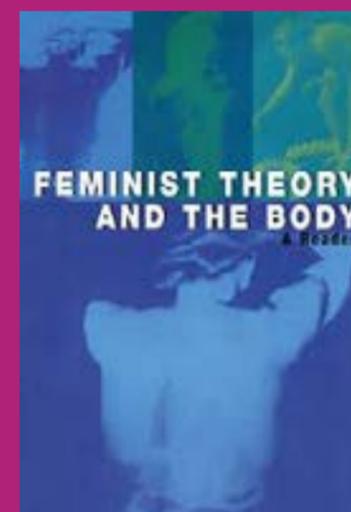
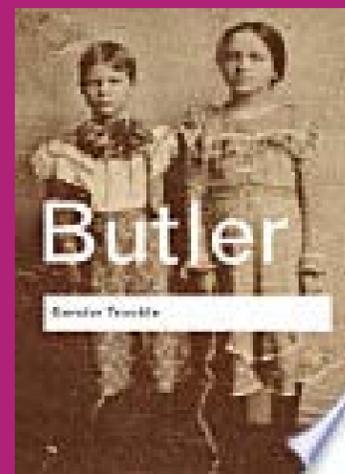
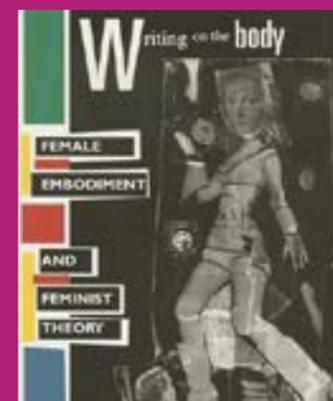
- Judith Butler
- Susan Bordo
- Michel Foucault
- Luce Irigaray
- Susan Jarratt
- Maurie Merleau-Ponty
- Laura Mulvey
- Naomi Wolf

## Finding Research

- 1 Use Google Scholar to find relevant articles
- 2 Read for common themes
- 3 Find additional works through Works Cited



## Important Works



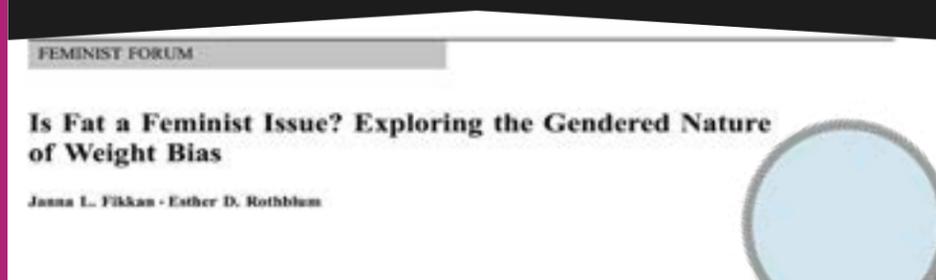
## Feminist Research

Methodologically, feminist theories of the body research differs from traditional research through three defining principles:

1. Double dimension for both construction of new knowledge and production of social change.
2. Grounded in feminist values and beliefs.
3. Characterized by diversity and intersectionality.

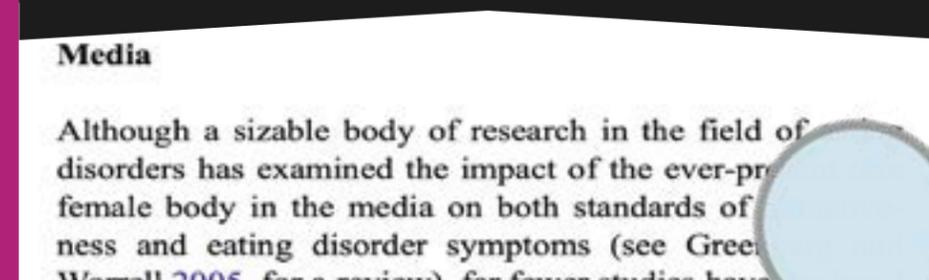
It's important to understand that there has been criticism of feminist theories that focus on the struggles of white women without addressing the distinct forms of oppression faced by ethnic minority women. Feminist researchers have a responsibility to consider intersectional perspectives of race, class and gender.

## Reading Feminist Journal Articles



**Title:** Description can tell you succinctly about the topic and study

## Reading Feminist Journal Articles



**Headings:** The topic headings will give you an indication of important issues relating to the topic.

**Abstract** Although research and scholarship on weight-based stigma have increased substantially in recent years, the disproportionate degree of bias experienced by fat women has received considerably less attention. This paper reviews the literature on the weight-based stigma experienced by women in North America in multiple domains, including employment, education settings, romantic relationships, health care, and mental health.

**Abstract:** A brief summary of the research

### Race and Ethnicity

Research has generally found some racial and ethnic minority groups in the U.S. to weigh more than White people but also to be more satisfied with their weight and body size. Carr et al. (2008) found Black participants to self-report higher weights than White participants in the

**Intersectionality:** In the field of feminist studies, intersectionality is key. Feminism scholarship has been criticized in the past for not being inclusive of race and class.

### Introduction

In the late 1970s and early 1980s, feminists began to draw increasing attention to the gendered nature of weight preoccupation and disordered eating, with Orbach's self-help book, *Fat is a Feminist Issue* (1978), perhaps the best

**Introduction:** Introduces the problem and establishes the rationale for the study and historical context.

### Conclusion

The price paid by women as a result of weight-based discrimination is significant, cuts across multiple domains, and yet has received relatively little attention by feminist scholars when compared with other topics relating to weight

**Conclusion:** Pay close attention to the conclusion and findings. This sums up the study and identifies where further research is necessary.

### Experimental Studies

In the experimental investigations of weight-based discrimination reviewed below, research participants are generally asked to rate hypothetical job candidates on their desirability. With

**Method:** The methodology section will tell you the methods the researchers used to analyze the evidence / issue.

### References

Adams, C. H., Smith, N. J., Wilbur, D. C., & Grady, K. E. (1993). The relationship of obesity to the frequency of pelvic examinations: Do physician and patient attitudes make a difference? *Women & Health, 20*(2), 45–57. doi:10.1300/J013v20n02\_04.

**References:** You can find other scholars and relevant research relevant to your field.

# Design Notes - Visualizing, Illustrating, and Summarizing Research Processes

## Table of Contents

<b>Design Notes - Visualizing, Illustrating, and Summarizing Research Processes.....</b>	<b>1</b>
<b>Cover Art.....</b>	<b>1</b>
<b>Feminist Studies Two-Page Spread .....</b>	<b>1</b>
Page 1.....	1
Page 2.....	2
<b>Feminist Theories of the Body .....</b>	<b>2</b>
Page 1.....	2
Page 2.....	3
<b>Reading Feminist Journal Articles .....</b>	<b>3</b>

What follows are my design notes for my Visualizing, Illustrating, and Summarizing Research Processes project.

I designed a research spread for my secondary and discipline and secondary subdiscipline. There are seven total pages in my design spread. I created one page of cover art, two pages for the secondary discipline (Feminist Studies), two pages for my secondary subdiscipline (feminist theories of the body) and a final two pages providing tips for reading research in the feminist discipline / subdiscipline, which is applicable across both. I used InDesign to design the research spreads and purchased images from Adobe and Canva. I also downloaded images of the books from the book purchase pages on Amazon.

## Cover Art

1. I chose Rosie the Riveter as the cover art as she is a cultural icon in the feminist movement, representing women who worked in factories and shipyards in World War II. Rosie the Riveter is used as a symbol of American feminism.

## Feminist Studies Two-Page Spread

### Page 1

1. I outlined the definition of feminist studies up front.
2. I used an image of the of the women’s movement on the front page, as this symbol is the astrological symbol of the planet Venus (also known as the symbol of the Roman

Stacy Cacciatore  
February 14, 2020  
Clemson University  
Dr. Blakesley

goddess Venus) and the clenched fist, which is a symbol of the 1960s and 1970s power movements. I purchased this image via Adobe images.

3. I listed several prominent Feminist Journals and I included links to the journals, using bit.ly to convert the links, to ensure the links stay active. I also included the most influential feminist scholars, in alphabetical order.
4. There are core common questions to explore when conducting research, therefore I listed those here for the reader to keep in mind during research. I used a black box for the title of this section to draw attention to the reason for inclusion. I also numbered this section 1-3 to make the reader feel that there are three simple steps.
5. I used the eyedropper tool to pull the exact color from the image of the woman's movement to ensure consistency of color throughout the guide.
6. I used a version of the Rosie the Riveter image to bring forth the theme on the cover page. I purchased this image via Canva and imported it into InDesign.
7. I included my information in the footer to ensure the owner and institution were clear.

#### Page 2

1. I found images for three influential feminist studies books. I use bit.ly to hyperlink the image to the book page on Amazon so the reader can purchase directly from this guide. I used bit.ly to convert all the links so I can have control over the links working.
2. I used the same color (using the eyedropper tool) as the feminist movement image for consistency. I created a rectangle block of color to separate the books from the rest of the content to help break up the content visually.
3. I used white font on the dark pink background for better visibility.
4. I described the research divide in feminist research, as I think this is a unique issue in research specifically pertaining to feminist studies. I outlined the differences between qualitative and quantitative research.
5. I used black bars to divide the content for enhanced readability.

#### Feminist Theories of the Body

##### Page 1

1. I outlined the definition of feminist theories of the body to make it clear the objective of this research guide.
2. I included an image of three women with varying body types to reinforce the messaging that this branch of feminism considers issues of the female body and acceptance of bodies of all sizes. I also wanted to ensure a variety of races were represented.
3. I did not want to replicate information on the first spread, but I wanted to ensure consistency among the two guides, therefore I used the same colors (using the eyedropper tool). I drew rectangle boxes, using the same size and position as the previous page layout. I also used the same header format (black box with white font). I felt like the colors of dark pink, black and white emulated the same colors used in many feminist representations, therefore I wanted to carry forward the theme.

Stacy Cacciatore  
February 14, 2020  
Clemson University  
Dr. Blakesley

4. I wanted to use the same sizes of boxes and style of layout, but I did not want to replicate content, therefore notice that instead of “journals” (because there are not journals specific to feminist theories of the body) I included resources related to feminist theories of the body. I visited each of these websites and conducted research to find the most relevant resources that contain information pertaining to feminist theories of the body. I used bit.ly to convert each link into a bit.ly link to ensure I had control over the link working.
5. I included scholars to read in this field, similar to scholars to read in the field of Feminist Studies
6. I provided tips for finding research relevant to feminist theories of the body. When conducting research, I find these tips the most useful. I also feel like these tips not only are helpful for understanding the subject, but also for finding additional research on the topic.
7. I chose the image of female fists of a variety of races to represent female empowerment. Again, I wanted to ensure I was representing a variety of “bodies” in the imagery, which includes ensuring race representation.
8. I kept the same layout that I designed for the previous spread, regarding the colors, size of boxes and headers for consistency.

Page 2

1. I found images of the most influential books in the field of feminist theories of the body, created rectangle boxes of the same size, dimension and position, then imported the images. I also created hyperlinks to each of the book pages on Amazon, using bit.ly to ensure I have control over the links.
2. I wrote about how to conduct feminist research methodologically. I also wanted to ensure to point out a critical issue in feminist theories of the body, which is ensuring to represent voices of a variety of bodies, races and classes.

Reading Feminist Journal Articles

1. I created this two-page spread to provide actual examples of the headers and design of journal articles in feminist scholarship. I used one of the articles that I used in the first phase of this assignment. I created rectangle boxes for eight areas, including Abstract, Introduction, Experimental Studies, Media, Race and Ethnicity, Conclusion and References. I then explained what the researcher should look for in each of these key areas. I provided practical advice that will help the researcher understand commonalities in articles in this discipline.
2. From a design perspective, I used the same colors I used on the other pages for consistency. I also used white font to ensure readability. I bought the magnifying glass image from Canva.

Stacy Cacciatore  
February 14, 2020  
Clemson University  
Dr. Blakesley

Stacy Cacciatore  
Dr. Blakesley  
February 12, 2020  
Discipline

## **Discipline: Feminist Studies**

### **Sub-Discipline: Feminist theories of the body**

#### Discipline: Feminist Studies

##### Introduction articles:

Ferguson, Kathy E. "Feminist Theory Today." *Annual Review of Political Science*, vol. 20, no. 1, Nov. 2017, pp. 269–286., doi:10.1146/annurev-polisci-052715-111648.

Hallenbeck, Sarah. "Toward a Posthuman Perspective: Feminist Rhetorical Methodologies and Everyday Practices." *Advances in the History of Rhetoric* 15.1 (2012): 9-27.

Enoch, Jessica. "Finding New Spaces for Feminist Research," "Octalog III: The Politics of Historiography in 2010." *Rhetoric Review*, vol. 30, no. 2, 2011, pp.115.

##### Article that showcases the use of Evidence:

Kanai, Akane. "Between the Perfect and the Problematic: Everyday Femininities, Popular Feminism, and the Negotiation of Intersectionality." *Cultural Studies*, vol. 34, no. 1, Mar. 2019, pp. 25–48., doi:10.1080/09502386.2018.1559869.

Kitch, Carolyn. *The Girl on the Magazine Cover: The Origins of Visual Stereotypes in American Mass Media*. University of North Carolina Press, 2001, pp. 5-20.

### **Sub-Discipline: Feminist theories of the body**

#### **Introduction article:**

Kuhlmann, Ellen, and Birgit Babitsch. "Bodies, Health, Gender—Bridging Feminist Theories and Women's Health." *Women's Studies International Forum*, vol. 25, no. 4, July 2002, p. 433. EBSCOhost, doi:10.1016/S0277-5395(02)00280-7.

Garlick, Steve. "The Return of Nature: Feminism, Hegemonic Masculinities, and New Materialisms." *Men & Masculinities*, vol. 22, no. 2, June 2019, pp. 380–403. EBSCOhost, doi:10.1177/1097184X17725128.

## Articles that showcases the use of Evidence:

Griffiths, Scott, and Zali Yager. "Gender, Embodiment, and Eating Disorders." *Journal of Adolescent Health*, vol. 64, no. 4, 2019, pp. 425–426., doi:10.1016/j.jadohealth.2019.01.016.

"Body Image in Long Distance Runners." *The Review: A Journal of Undergraduate Student Research*, vol. 19, 2018.

Dworkin, Shari L., and Faye Linda Wachs. "'Getting Your Body Back.'" *Gender & Society*, vol. 18, no. 5, 2004, pp. 610–624., doi:10.1177/0891243204266817.

I used the Clemson Library Resources to help me find the articles for my discipline and sub-discipline. I first attempted to use the research guides, but there was not a research guide on Feminism or Feminist Theory. Therefore I leveraged the Journal Locator to find journals in the feminist field. I found [Feminist Review](#), a peer reviewed, interdisciplinary journal contributing to new agendas for feminism. The journal invites critical reflection on the relationship between materiality and representation, theory and practice, subjectivity and communities, contemporary and historical formations.

I also located a [resource](#) that listed all of the peer-reviewed, academic journals in the field of women's studies.

Feminism & Psychology  
Feminist Studies  
Feminist Theory  
Women & Performance: A Journal of Feminist Theory  
Gender & Language  
Frontiers: A Journal of Women's Studies  
Women & Health  
Journal of Feminist Scholarship

There were several others, but I will not list all of them here.

I also used Google Scholar to research feminist theory journal articles. Using the Clemson Research Guide, I was able to find a few resources, while not in the discipline of feminism specifically, may be helpful in my research.

[Public Health Issues in Obesity and Eating Disorders](#)  
[Diversity, Equity and Inclusion](#)  
[Communication](#)

[Women's Leadership](#)  
[Women in Antiquity](#)  
[RCID](#)

I was also able to find [The Encyclopedia of Sex and Gender: Men and Women in the World's Cultures](#), which isn't exactly a research guide, but provides a comparative perspective on gender and gender roles.

I also found the following books: [Feminist Research Practice: A Primer](#), [Feminist Theory: A Reader](#), [Feminist Rhetorical Theories](#), [Feminist Rhetorical Science Studies: Human Bodies, Posthumanist Worlds](#) and [Feminist Rhetorical Practices](#).